



Menu week of Jan. 7, 2019

1/7/19	1/8/19	1/9/19	1/10/19	1/11/19
Monday	Tuesday	Wednesday	Thursday	Friday
Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk
Oranges	Strawberries	Pineapple	Kiwi	Blueberry Smoothie
Cornflakes Cereal	Yogurt	Cheerios Cereal	English Muffins	Rice Krispies Cereal
Sausage	Turkey Meatloaf with Gravy	Beef Burger Sliders	Chicken Cacciatore	Ham/Turkey & Cheese Sandwich
Penne Pasta with Sauce	Egg Noodles	Bun	Rice	Whole Wheat Bread
Green Beans	Corn, Avocado, & Tomato Salad	Broccoli	Veggie Medley	Carrots & Dip
Apples	Plums	Pears	Grapes	Clementines
Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk
Water	Water	Skim/Whole Milk	Water	Water
Crackers and Cheese	Bananas			Mixed Berries
	Wow Butter on Pita Bread	Apple Cinnamon Muffins	Veggie Pasta Salad	Waffles

