



menu week of March 5, 2018

March is
Nutrition Month

3/5/2018	3/6/18	3/7/18	3/8/18	3/9/18
Monday	Tuesday	Wednesday	Thursday	Friday
Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk
Oranges	Strawberries	Banana	Mangos	Pineapple
Cornflake Cereal	Whole Wheat Toast	Cheerio Cereal	Oatmeal Bars	Rice Krispy Cereal ¹
Honey Garlic Chicken	Beef Meatloaf	Turkey Chili	Sausage	Beef Stew
Rice	Egg Noodles	Corn Bread	Eff & Cheese Casserole	Roll
Spinach Salad	Cooked Carrots	Cauliflower	Onions & Roasted Potatoes	Carrots, Peas and Peppers
Apples	Pears	Grapes	Cantaloupe	Oranges
Skim/Whole Milk	Skim/Whole Milk	Pears milk	Cantaloupe milk	Skim/Whole Milk
Water	Water	Skim/Whole Milk	Water	Water
Clementine's			Sliced Apples	Prince & Princess Salad
French Toast Sticks	Pretzels & Cheese Dip	Yogurt Parfait National Cereal Day	Cinnamon Pita	Chick peas, bell pepper, mozzarella Cheese & chopped tomatoes

