



Menu week of Nov. 5, 2018

11/5/18	11/6/18	11/7/18	11/8/18	11/9/18
Monday	Tuesday	Wednesday	Thursday	Friday
Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk
Oranges	Strawberries	Banana	Pineapples	Kiwi
Cheerio Cereal	Yogurt	French Toast Sticks	Bagels w. cream cheese	Rice Krispie Cereal
Sausage	Chicken Burrito Skillet	Beef & Meatball Cheese Sub	Turkey Meatloaf	Ham & Cheese Sandwich
Whole Wheat Pasta w. sauce	Brown Rice	Bun	Stuffing	Whole Wheat Bread
Green Beans	Veggie Medley	Spinach & Tomato Salad	Potato & Onions	Carrots w. dip
Apples	Grapes	Clementines	Pears	Plums
Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk
Water	Water	Skim/Whole Milk	Water	Water
	Salsa	Pumpkin	Mixed Berries	Apple Cinnamon Crisp
Baked Pretzel & Cheese	Black Beans & Corn Chips	w. Chocolate Chip Muffins	Pancakes	(Graham Cracker & Granola & Oats)

