



menu week of October 2, 2017



Type	10/2/2017	10/3/17	10/4/17	10/5/17	10/6/17
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk
	Clementines	Strawberries	Kwis	Plums	Oranges
	Corn Flakes Cereal	Yogurt	English Muffin w/Butter	Cheerios Cereal	Waffles w/Syrup
	Sausage	Beef Meatloaf	Chicken & Cheese Quesadilla	Turkey Chili	Ham
Lunch or Supper	Pizza Dough	Roasted Red Potatoes	Flour Tortilla	Corn Bread	Macaroni & Cheese
	Green Beans	Vegetable Medley	Cauliflower	Carrot Sticks	Broccoli
	Apples	Grapes	Cantaloupe	Pears	Honey Dew
	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk
	Water	Water	Water	Water	Milk
Snack (select 2)	Pretzels & Cheese Sticks	Crackers & Celery Sticks w/dip	Bananas & Rice Cakes	Veggie Pizza w/Cream Cheese on Pita Bread	Pumpkin Muffins

