



menu week of October 9, 2017

Type	10/9/2017	10/10/17	10/11/17	10/12/17	10/13/17
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk
	Clementines	Pineapple	Bananas	Strawberries	Kiwi
	Rice Krispies Cereal	French Toast Sticks	Cheerio Cereal	Bagels & Cream Cheese	Cornflake Cereal
	Beef Meatballs	Ham & Cheese	Beef Stew	Chicken Teriyaki Stir Fry	Pepperoni Pizza
Lunch or Supper	Penne Pasta w. sauce	On Pita	Roll	Rice	Pizza Dough
	Green Beans	Spinach Tomato Salad	Roasted Red Potatoes	Asian Vegetables	Carrot w. dip
	Apples	Cantaloupe	Pears	Plums	Honey Dew
	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk	Skim/Whole Milk
	Water	Water	Water	Water	Milk
Snack (select 2)	Salsa	Fruit Smoothie	Wow Butter	Banana	
	Black Bean & Cheese Nacho	w. crackers	& Jelly Sandwich	Bread	Corn Chips & Cheese Sticks

